

# Quarterly Newsletter



HEALING PASTURES  
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WINTER 2026



FOUNDER - HONEY COWAN

## Here's what's happening on the Ranch and what's to come!

Dear Friends,

As the season shifts and winter settles in at Healing Pastures, we're grateful for the opportunity to stay connected with you through our quarterly newsletter.

Winter is a quieter time on the ranch, but it is also a season of reflection, care, and meaningful moments.

In this issue, we're excited to share highlights from the fall, updates on our programs, and a look at what's ahead as we prepare for the new year.

You'll also find a special spotlight on the people and partners who continue to make our work possible, along with ways you can stay involved and support our mission during this season of giving.

As always, your encouragement, generosity, and belief in what we do mean more than words can express.

Because of you, Healing Pastures remains a place of hope, healing, and connection for both people and animals.

Thank you for being part of our community. Together, we can make a real difference in the lives of those who need it most.

We wish you a warm and peaceful winter season and a New Year full of hope and wonder.

Enjoy this season's newsletter!

*We Rescue Animals so that they can Rescue People!*

*Honey Cowan*

In this newsletter you can expect:

Community Updates

Horse & Animal Spotlight

Ranch Reminders

Impactful Giving

Color Me Page

Community Partners



## Community News

Our Autumn Festival was a wonderful day at Healing Pastures, filled with laughter, connection, and community. Families and supporters enjoyed time with our animals, hayrides, the mystery room, and plenty of treats. Most importantly, the festival brought our community together in support of our mission and the care of our animals.

We were honored to participate in the Auburn Festival of Lights, where we had the joy of serving as the "float" right in front of Santa himself! Ms. Honey rode on the truck while our riders walked alongside with our dogs, spreading holiday cheer and community spirit. It was a magical evening and a wonderful opportunity to share the heart of Healing Pastures with the Auburn community.

This winter has brought plenty of rainy and chilly days, but our riders continue their lessons without missing a beat. Even in the cold and wet, they arrive ready to ride and work with the horses, showing dedication and enthusiasm that make every session meaningful.

We are especially grateful to our riding instructors, Carol and Sharon, and to Stefan and Malachi, who make sure every lesson runs smoothly.

2026 is the Year of the Horse! What could be more fitting for Healing Pastures? We're excited to celebrate this special year alongside our horses, riders, and community. Here's to a year full of connection, learning, and unforgettable moments at the ranch!

### Horse Spotlight

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In mid-December, Tokyo had a very bad accident with a fall and slid into her pasture gate! The vet came to the Ranch for an emergency call and was able to clean her front leg and stitch up her cut. We had so many people thinking good thoughts and praying all over Placer County, our community is truly the best around!

Tokyo is healing nicely (thank goodness!) but is stalled for at least a month, if not longer. She still is her sweet self and in good spirits. Next time you are out at the Ranch, make sure to stop by her stall for loves and carrots!

### Animal Spotlight



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Butterfly decided that he loved the Ranch so much, that he just moved in! In 2020 Ms. Honey noticed him wandering around and started feeding him. He loved it here and made himself at home in the Old Barn. He comes and goes as he pleases.

Butterfly is recovering from a tumor on one of his ears. He has a good bill of health from the vet and is enjoying the warmth of his heat lamp in the barn this winter.

# Ranch Reminders

## Important Dates

Lessons will remain scheduled, unless notified otherwise



**January 1** - Happy New Year!

**January 6** - Little Cowpokes

**January 10, 17 & 24** - Young Rustlers

**January 13-15** - Horse Camp

**January 19** - Martin Luther King Jr. Day



**February 10** - Little Cowpokes

**February 14** - Valentine's Day



**February 14, 21 & 28** - Young Rustlers

**February 16** - Presidents' Day



**February 17** - Chinese New Year

**February 17-19** - Horse Camp



**March 10** - Little Cowpokes

**March 14, 21 & 28** - Young Rustlers



**March 17** - St. Patrick's Day

**March 17-19** - Horse Camp



Ranch Wish List



Venmo @healingpastures

## Did you know:



You can have your Birthday Party at the Ranch?

You can sponsor an animal and provide food and care for the month?

We are in the process of setting up a disc golf course?

We are going to be offering art classes?

We are looking for new Board Members?

Check out our website to find more information!

[www.healingpastures-chorseranch.org](http://www.healingpastures-chorseranch.org)



## Volunteer & Support

Do you love to work with animals? Do you love to work with kids & adults? Do you have a special artistic talent? Are you good working outside? If you answered YES to any of these questions, you sound like the perfect volunteer! We have many volunteer opportunities around the Ranch. Reach out to any Healing Pastures Staff or come into the office.

If you don't have the time, but rather the means, please know that your tax-deductible gift helps in every aspect of the Ranch.

We couldn't run the Ranch without your support, and we are so grateful!

# Give to the Ranch: See Your Impact!

Ever wonder how your donation helps our horses and programs?

Here's a fun way to see the difference you can make:

\$15

Bag of carrots/apples  
Saddle Soap  
Bag of Shavings  
Horse Bandages



\$20

Bale of Straw  
Horse Grooming Brush  
Pig Wormer



\$25

Sheath Cleaner  
Leather Oil  
Sack Bran for Mash  
Bag of Horse Feed  
Horse Shampoo



\$45

Fly Mask  
Horse Shampoo (1 gal)  
Bag of Goat Feed  
Bunny Pellets  
Bag of Pig Feed  
Cat Food



\$80

Fly Repellant (1 gal)  
Peacock Safety Stirrups  
Dog Food



\$100

Equitrol Feed



\$165

Equine SandRid Pellets (20 lbs)



\$250

Teeth Floating

\$300

5 Group Lessons

\$350

Sponsor a child at Horse Camp  
Vaccinate 11 Horses for a year



\$500

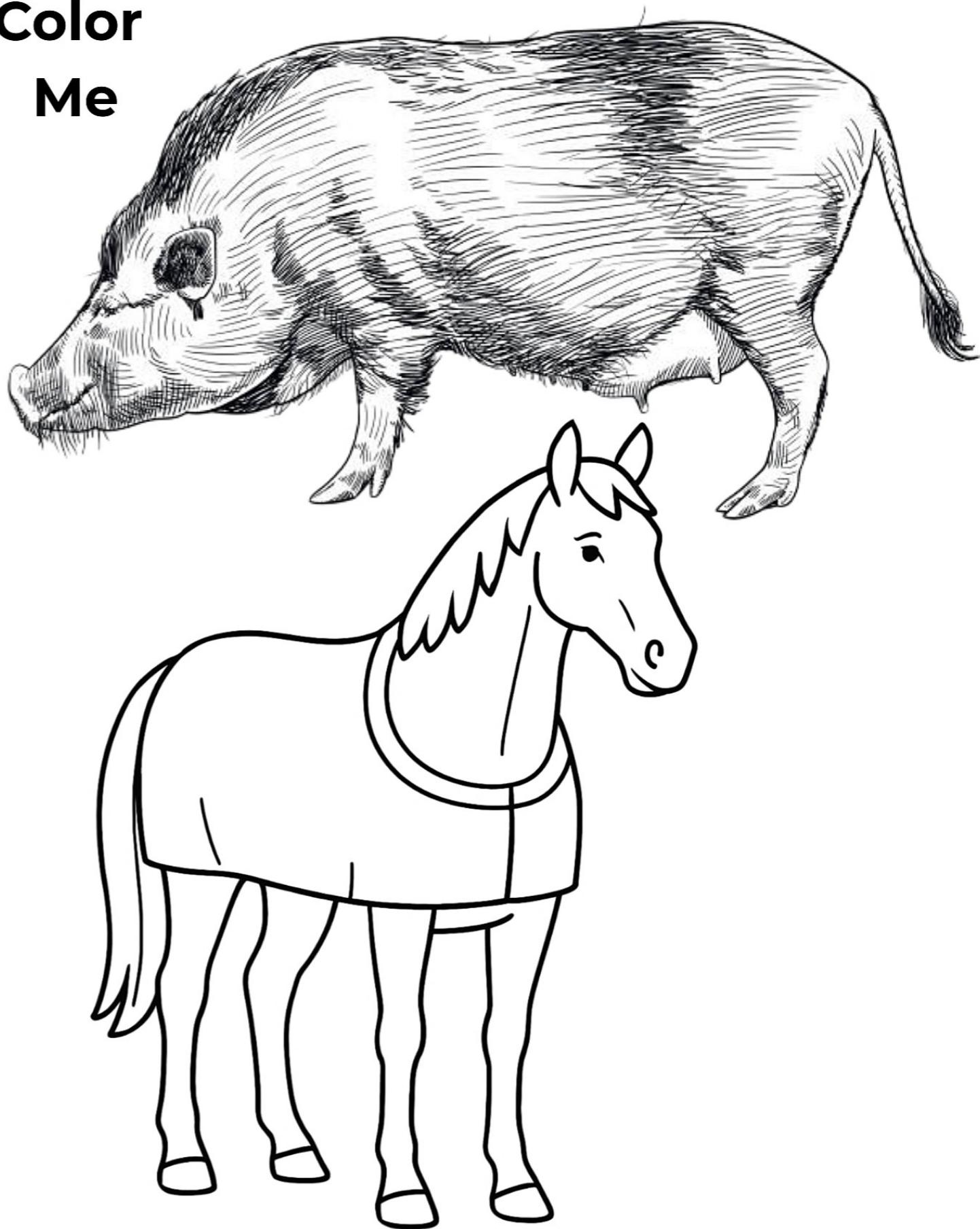
4-Step Mounting Block  
Horse Wormer for 11 Horses for a year



Every gift, big or small, helps us care for our animals and  
keep our programs running smoothly.

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# Color Me



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Our sponsors play a vital role in the work we do at Healing Pastures. Through your support, we are able to sustain our programs, care for our animals, and create a place where healing and connection can thrive.

Thank you for standing with us

## **Community Sponsors**



### **Economy Pest Control**



### **Auburn 49er Lions Club**



### **Girl Scouts of USA**

## **Individual Sponsors**

Gail Anderson  
Jeanne Heffernan  
Hannah Lichti  
Dean Martin  
MG Winczner

*Thank you for reading!*

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