

# Quarterly Newsletter



## HEALING PASTURES

FALL 2025



FOUNDER - HONEY COWAN

## Here's what's happening on the Ranch and what's to come!

Dear Friends,

Welcome to the very first issue of our quarterly newsletter! We are excited to share this new way of keeping in touch with you - our community, supporters, and friends.

Each season, we'll bring you updates about what's happening at Healing Pastures, highlight upcoming events, share stories from our programs, and celebrate the incredible people and partners who make our mission possible.

Our hope is that this newsletter will not only keep you informed but also help you feel connected to the heart of what we do.

In this inaugural issue, you'll find a recap of our summer activities, a spotlight on one of our amazing volunteers, and an invitation to our upcoming fall event.

We are also excited to announce that we will be hosting our annual charity event next month. This event is a fun and interactive way to support our cause while also enjoying great food, drinks, and entertainment. We hope to see you there!

Finally, we want to remind everyone that our charity relies on the kindness and support of our community. If you are able to donate your time or resources, please do not hesitate to reach out to us.

Together, we can make a real difference in the lives of those who need it most. Thank you for your continued support!

Enjoy this season's newsletter!

*We Rescue Animals so that they can Rescue People!*

*Honey Cowan*

In this newsletter you can expect:

Community Updates

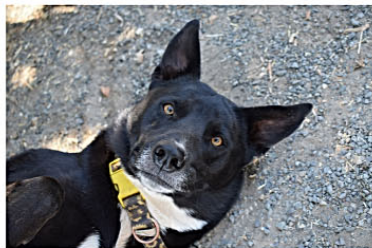
Horse Spotlight

Animal Spotlight

Ranch Reminders

Autumn Dreams Harvest Festival

Color Me Page



## Community News

This Summer we were excited to host Horse Camps, Young Rustlers Groups and Little Cowpokes in the Garden! This is a great opportunity to connect with new riders, and we are so thankful for the City of Auburn Recreation Department for supporting our Ranch.

Our weekly riders endured a very HOT summer, but their dedication never wavered. Each week, we've watched them continue to learn, grow, and shine in the saddle alongside our wonderful horses. Our instructors, Sharon and Carol, bring not only skill and knowledge, but also patience, encouragement, and genuine care to every lesson. Their passion for teaching truly shines through, and it's easy to see the difference they make in the confidence and progress of each rider.

Our Community Garden is flourishing thanks to the efforts of Malachi & Stefan and our amazing volunteers! This summer alone we were able to donate over 500 lbs of homegrown vegetables to the Auburn Interfaith Food Closet!

On November 9-10, we are excited to welcome back Kalin with The Masterson Method. The hands-on course will improve the relationship and communication with your horse. If you would like to sign up, please contact the office.

We are so excited for our Fall Harvest Festival! Autumn Dreams, wear your blue jeans! It will be here at the Ranch, Sunday, October 5 from 3-6pm. This is a family friendly event with free admission. We hope to see you there!

### Horse Spotlight

#### Angel - our new rescue

Angel was rescued from a hoarder situation. She is estimated to be in her teens. She is a Welsh pony. Her personality is a little shy right now as she is just warming up to the Ranch and her new family.



During the day you can find her in the socialization pasture hanging out with Penelope. If you are very quiet and gentle she might let you feed her a snack.

Welcome to the Ranch, Angel! We are so excited to have you in the family!

### Animal Spotlight

#### Topsy - the crazy goat



Topsy is the youngest of our goats born in February. He is the smallest of the trio and tends to get a little bullied by his brothers. His personality is extremely sweet but if you visit him in the goat pen, he might try to butt you with his horns! He thinks that you want to play with him. He constantly is visiting the office door looking for snacks and kisses. He loves bananas and will even eat the peel!



# Ranch Reminders

## Important Dates

Lessons will remain scheduled, unless notified otherwise



**October 5** - Autumn Dreams Harvest Festival

**October 6** - Little Cowpokes

**October 11, 18 & 25** - Young Rustlers

**October 14-16** - Horse Camp

**October 31** - Halloween



**November 9 & 10** - The Masterson Method

**November 8, 15 & 22** - Young Rustlers

**November 11** - Little Cowpokes

**November 18-20** - Horse Camp

**November 27** - Thanksgiving



**December 6, 13 & 20** - Young Rustlers

**December 9** - Little Cowpokes

**December 14-22** - Hanukkah

**December 16-18** - Horse Camp

**December 25** - Christmas

**December 26-January 1** - Kwanzaa

**December 31** - New Year's Eve



Ranch Wish List



Venmo @healingpastures

## Did you know:



You can have your Birthday Party at the Ranch?

You can sponsor an animal and provide food and care for the month?

We are in the process of setting up a disc golf course?

We are going to be offering art classes?

We are looking for new Board Members?

Check out our website to find more information!

[www.healingpastures-chorseranch.org](http://www.healingpastures-chorseranch.org)



## Volunteer & Support

Do you love to work with animals? Do you love to work with kids & adults? Do you have a special artistic talent? Are you good working outside? If you answered YES to any of these questions, you sound like the perfect volunteer! We have many volunteer opportunities around the Ranch. Reach out to any Healing Pastures Staff or come into the office.

If you don't have the time, but rather the means, please know that your tax-deductible gift helps in every aspect of the Ranch.

We couldn't run the Ranch without your support, and we are so grateful!

---

HEALING PASTURES @ C HORSE RANCH  
PRESENTS

# AUTUMN DREAMS

WEAR YOUR BLUE JEANS!

Oct. 5, 2025 | 3:00 PM to 6:00 PM  
11685 LORENSON ROAD, AUBURN, CA

BOUNCE HOUSE  
FACE PAINTING  
HAYRIDES  
MYSTERY ROOM  
PUMPKIN PATCH  
PAINT YOUR OWN TREAT BAG  
& MORE!

FOOD, GAMES, ARTS &  
CRAFTS, AND A WHOLE LOT  
OF FUN

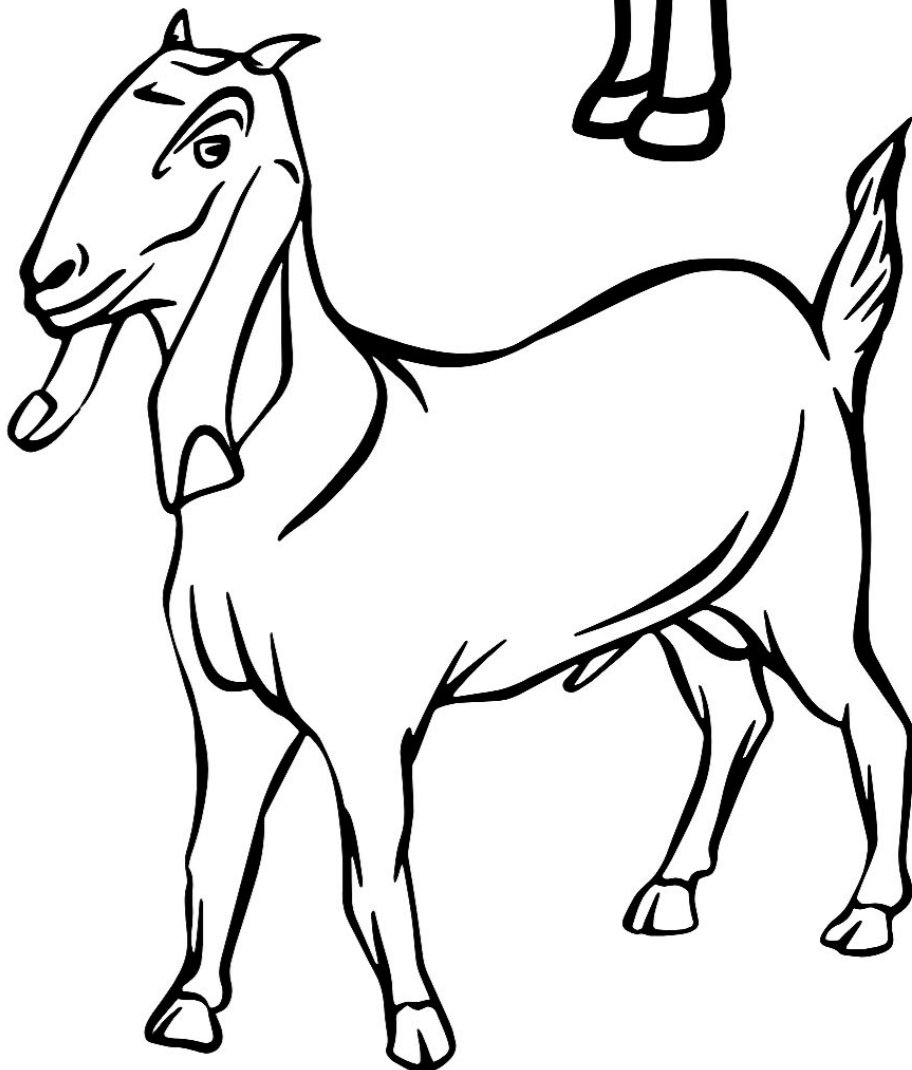
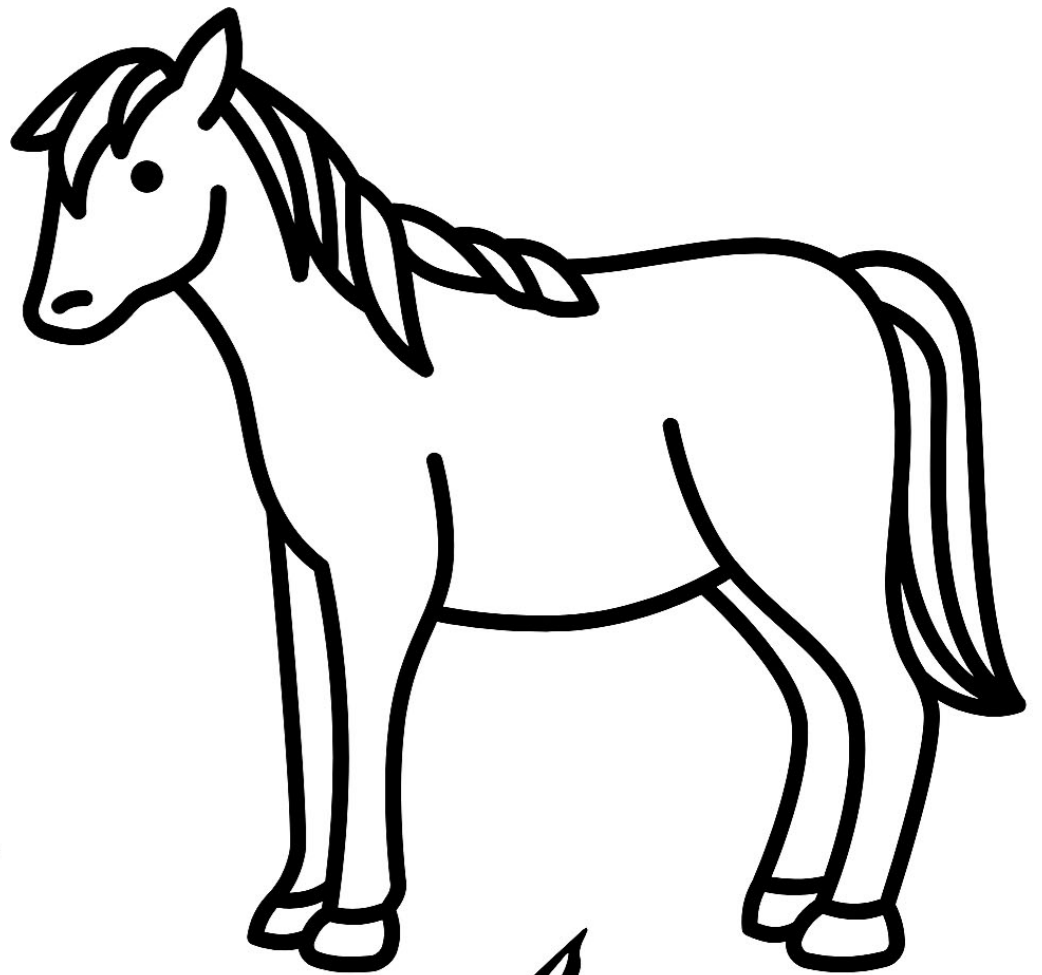
Join us for the C Horse Ranch Fall  
Festival 2025! Celebrate the joyous  
season with food, friends and fun!

FREE ADMISSION

---

---

**Color  
Me**







We are dedicating  
our very first issue  
to our Fijola  
who unexpectedly  
crossed  
the Rainbow Bridge  
September 17, 2025



*No longer by your side, but  
together we'll always be.  
For I'm waiting at the Rainbow  
Bridge forever loved & free.*

*Fijola  
2005 - 2025*



*Thank you for reading!*

HEALING PASTURES	530-888-7766
<a href="http://www.healingpastures-chorseranch.org">www.healingpastures-chorseranch.org</a>	11685 Lorensen Rd Auburn, CA 95602

---