

Quarterly Newsletter



HEALING PASTURES

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SPRING 2026



FOUNDER - HONEY COWAN

Here's what's happening on the Ranch and what's to come!

Dear Friends,

As we welcome the arrival of spring, we find ourselves reflecting on the first few months of the year with full hearts and deep gratitude. Even in the quieter winter season, the impact of this work continues to shine through in the lives of our clients, volunteers, and animals.

Despite chilly mornings and muddy boots, our dedicated team and volunteers showed up week after week, ensuring that every client who came through our gates felt welcomed, seen, and supported.

Our equine partners have been nothing short of incredible these past few months. From gentle groundwork sessions to meaningful breakthroughs during lessons, the horses continue to meet each individual exactly where they are.

We've also had the joy of welcoming new faces to the ranch this season. New clients have begun their journeys, and new volunteers have stepped in with open hearts and a willingness to learn. Watching these relationships form, between humans and animals, and among each other, is one of the most rewarding parts of our work.

Behind the scenes, we've been laying the groundwork for an exciting year ahead. From program development to strengthening our team and planning upcoming events, there is so much in motion.

Enjoy this season's newsletter!

*We Rescue Animals so that
they can Rescue People!*

Honey Cowan

In this newsletter
you can expect:

Community
Updates

Horse & Animal
Spotlight

Ranch
Reminders

Save the
DATE(S)!

Color Me Page

Community
Partners



Community News

January kicked off the year with a wonderful opportunity to connect with our local community. Malachi and Amara represented the ranch at a charter school vendor fair, sharing information about our programs and building relationships with families and educators. It was a great reminder that we proudly partner with many of the charter schools in our area, helping expand access to our services for students and families.

February certainly made itself known, bringing freezing temperatures and even a blanket of snow to the ranch. Despite the cold, our community showed incredible dedication and resilience.

We also had a very special arrival, Daenerys, our new bearded dragon! She has quickly become a favorite among clients and visitors alike, offering a unique and calming presence as part of our growing animal family.

In March, we had the honor of participating in the 39th Annual Auburn 49er Lions Club Celebrity Chefs event. Ms. Honey and Stefan represented the ranch at this beloved community fundraiser.

Another special opportunity at the ranch was hosting Kalin with The Masterson Method. This gentle, interactive form of bodywork allows horses to guide the process, creating a powerful moment of connection. It was a beautiful example of how much horses communicate when we take the time to truly listen.

Horse Spotlight

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Lovee was rescued from a horse event in 2015. She is Draft Horse or a Percheron Friesian. Lovee is extremely sweet and gentle. She was a vaulting horse here at the ranch. Lovee has arthritis, that she has gotten with age, so now she teaches little kids how to get their balance as they ride bareback. She is like riding a "big lounge chair".

Animal Spotlight

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Meet Daenerys, our one-year-old bearded dragon! Bearded dragons are known for their calm, friendly personalities and are often easy for beginners to handle, making them a perfect addition to our ranch family.

One fascinating feature of bearded dragons is their "third eye," a small light-sensitive spot on the top of their head called the parietal eye. It helps them detect changes in light and shadows, which in the wild can signal predators or help with navigation.

Ranch Reminders

Important Dates

Lessons will remain scheduled, unless notified otherwise



April 1 - Passover 

April 5 - Easter

April 7 - Little Cowpokes

April 11, 18 & 25 - Young Rustlers

April 14-16 - Horse Camp

April 22 - Earth Day 

May 5 - Cinco de Mayo 

May 9, 16 & 23 - Young Rustlers

May 10 - Mother's Day 

May 12 - Little Cowpokes

May 19-21 - Horse Camp

May 25 - Memorial Day 

June 9 - Little Cowpokes

June 13, 20 & 27 - Young Rustlers

June 16-18 - Horse Camp

June 19 - Juneteenth 

June 21 - Father's Day 

June 21 - Summer Solstice 

Did you know:



You can have your Birthday Party at the Ranch?

You can sponsor an animal and provide food and care for the month?

We are in the process of setting up a disc golf course?

We are going to be offering art classes?

We are looking for new Board Members?

Check out our website to find more information!

www.healingpastures-chorseranch.org



Volunteer & Support

Do you love to work with animals? Do you love to work with kids & adults? Do you have a special artistic talent? Are you good working outside? If you answered YES to any of these questions, you sound like the perfect volunteer! We have many volunteer opportunities around the Ranch. Reach out to any Healing Pastures Staff or come into the office.

If you don't have the time, but rather the means, please know that your tax-deductible gift helps in every aspect of the Ranch.

We couldn't run the Ranch without your support, and we are so grateful!



Ranch Wish List



Venmo @healingpastures

Helpful Websites!

www.healingpastures-chorseranch.org

www.bodyworkforequine.com

www.auburnrec.com



SAVE THE DATE(S)!

FUNdraisers at the RANCH!

Friday, April 3rd



**Eureka! Roseville
234 Gibson Dr**

**Bring your family & friends to enjoy
a meal & wear your
HP merch! Don't forget to mention
Healing Pastures!**

May 15th - May 17th



Savers FUNdrive!

**We're excited to partner with Savers
Thrift Store for a fun-drive to benefit
the Ranch! Bring your gently used
clothes, toys, kitchen & home items to
the Ranch. For every pound donated,
Healing Pastures will receive cash to
support our programs!**

Sunday, May 17th



FAMILY FUN DAY!

**Come out to the Ranch for a fun
family day with horse rides, treats,
a bounce house, facepainting & more!**

Every gift, big or small, helps us care for our animals and
keep our programs running smoothly.



Dine for a Cause

We invite you to join us on **Friday, April 3** for an evening filled with delicious food, great drinks & good vibes, all in the name of supporting **Healing Pastures**.

Eureka! will be **donating 20% of sales** from those who mention they're there to support, or present this flyer to their server!

Eureka!



Healing Pastures

www.healingpastures-chasersranch.org



CLEAN OUT YOUR CLOSETS FOR HEALING PASTURES!



May 15th - May 17th

We Are Collecting



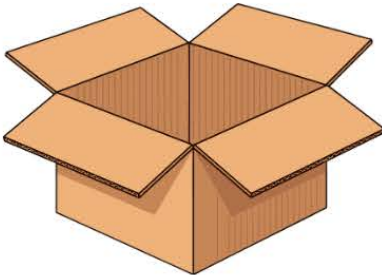
Clothes



men's, women's, & children's clothes, coats, shoes, scarves,
handbags, wallets, fashion accessories, belts, backpacks, etc.

Household Textiles

bedding, comforters, blankets, sheets, towels, linen, tablecloths,
curtains, pillows, etc.



Books & Media

paperback, hard cover - all genres
*media needs to be boxed separately
*no encyclopedias or text books



Small Household Goods

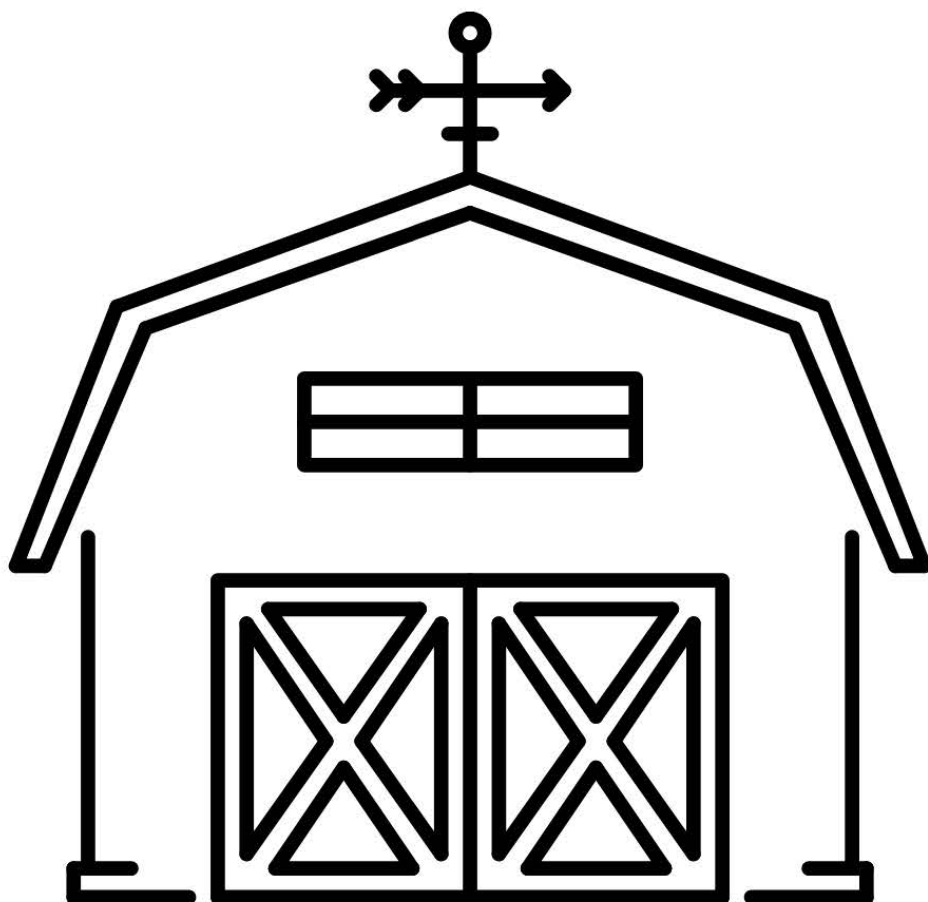
kitchen items (such as pots/pans, dishes, silverware, glasses,
serving pieces and hand-held appliances), home decorative
items, knick-knacks, toys, games, and small electronics



Please use 30-33 gallon "lawn & leaf" bags for clothes and textiles and tightly pack boxes of small household goods. Separate books from household goods and media. All items must be clean and in sellable condition.

Color Me

bring your art to the ranch to display
& get one of our new stickers!



Our sponsors play a vital role in the work we do at Healing Pastures. Through your support, we are able to sustain our programs, care for our animals, and create a place where healing and connection can thrive.

Thank you for standing with us

Community Sponsors



Economy Pest Control



Auburn Grace Community Church



Auburn Ale House

Individual Sponsors

Robert Litchfield
J Turner



(Need a hat or a shirt? Buy them at the Ranch!)

Thank you for reading!



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